

Catholic Identity Patch Program

WOMEN IN SCRIPTURE

Saint Elizabeth

Elizabeth The name Elizabeth means "God's promise." Her feast day is November 5. Elizabeth is the wife of Zacharias, mother of John the Baptist, and a relative of the Virgin Mary.

Although her story is found in the New Testament, particularly Luke's Gospel, much of her life echoes other stories in the Old Testament of God's love and power, shown through women.

Go to Luke 1 and learn more about the figure. What was her life like? What happened when Mary came to visit her?

Get Involved

Get Elizabeth waited a long time for her child. She was patient and hopeful and when she finally had John she made sure to cherish and love him. What are some ways you can help families with children in your community? Think about organizing a blanket drive in your community and then donate them to the local hospital or shelter. Your troop or group of friends, could also get together and make blankets, like quilts or knot fleece blankets. Or, brainstorm other ways you can get involved.

Keeping the Faith

Elizabeth had a lot of trust and faith in God and his plan for her even though she did not know where he would lead her. God answered Elizabeth's prayer in a unique manner.

How might you have been given an answer from God, but not in the way you were expecting it? What was it? How so? Why do you think that happened? And after receiving your answer did you give thanks like Elizabeth?

Write out a list of blessings in your life for which you are thankful



INSTRUCTIONS

To earn this patch, learn about Elizabeth. Complete one activity from each section. Although you may want to add this page to your Girl Scout or Camp Fire USA journal/scrapbook, you do not need to write out the answers.

If you are working together as a group or troop, have discussions and/or group activities. If you are working individually, include your family. If you are an older girls or boy, learn about Elizabeth and teach younger children.

Once earned, Girl Scouts may place this patch on the back of the sash or vest.

Once you have learned about Elizabeth, your leader, advisor, or parent may order the patch for you by visiting www.nfcym.org and clicking the "SHOP" link at the top of the page to access the store.

Learn & Take Action

For All

Elizabeth and Zacharias lived most of their lives not being able to have children; but the Lord had something wonderful in store for this faithful and kind couple. At a late age Elizabeth finally became pregnant, and bore the son for which they had always hoped. Their son was named John and he went on to accomplish great things. What are some of the things he did? For what was he most known? Do you think Elizabeth and Zacharias were proud of all these accomplishments? What are some ways you can make your parents proud.

Elizabeth had a very important role in God's plan. If she had given up on God because of her inability to bare children, the Roman Catholic faith and story might be very different. We may not always understand God, but that does not mean we should stop trusting him; God always has a plan. God trusted Elizabeth and she trusted the Lord; therefore, he waited for just the right time to give Elizabeth the gift of John. With what has God trusted you? What are some blessings in your life?

Be Creative

Learn more about Elizabeth and create your own activity.

Why Is It?

The symbols on the Elizabeth Patch are a halo and a baby. Why do you think those symbols were chosen to represent Elizabeth?

For Older Girls

Babies are a wonderful blessing; people all around the world become parents every day. Sometimes, though, new parents could use a little extra help. Get some friends together and start a babysitting tree. Then find out if there is anyone in your neighborhood or parish that could use a babysitter, and maybe, volunteer those hours. Also you could contact your local hospital to see if they have any volunteering opportunities in the pediatrics department.

Name It!

In addition to "God's promise," Elizabeth also means "my God is bountiful." God asked Zacharias to name his child John, which means "God is gracious." Why do you think God chose this name? What does your name mean? Ask your parents why they chose that name for you.

Helping All Moms

All moms need help, but some need more help than others.

- Brainstorm some ways you could help them.
- Do something special for a pregnancy center, hospital, or shelter in your area.

**Catholic Identity Patch Program is a project of the
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www.NCCGSCF.org

