

# Catholic Identity Patch Program

## WOMEN IN SCRIPTURE

### Sarah: The Mother of a Nation

Sarah is an important person in the Old Testament. God made a special covenant with Sarah and her husband Abraham and promised him many ancestors.

Even though she was an old woman, God was faithful to his promise and Sarah gave birth to a son. Sarah thought it was funny that she would have a child at such an old age so she named her son Isaac, which means "he laughs". See Genesis 18:9-15.

Think of other stories in the Bible where God makes a promise with someone. What was the situation? Who was involved? What did god promise? What happened?

## INSTRUCTIONS

To earn this patch, learn about Sarah. Complete one activity from each section. Although you may want to add this page to your Girl Scout or Camp Fire USA journal/scrapbook, you do not need to write out the answers.

If you are working together as a group or troop, have discussions and/or group activities. If you are working individually, include your family. If you are an older girls or boy, learn about Sarah and teach younger children.

Once earned, Girl Scouts may place this patch on the back of the sash or vest.

Once you have learned about Sarah, your leader, advisor, or parent may order the patch for you by visiting [www.nfcym.org](http://www.nfcym.org) and clicking the "SHOP" link at the top of the page to access the store.

## Be Creative

Learn more about Sarah and create your own activity.

## Why is it?

The symbols on the Sarah patch are stars and a stole. Why do you think those symbols were chosen to represent Sarah?

## Hospitality with a Smile

Sarah and Abraham entertain three strangers who turned out to be angels.

Participate in a community event or party in your church, school or town. If possible, volunteer to help wherever you can.



# Learn & Take Action

## For All

Using the Bible, read about Sarah in the book of Genesis. Try to answer the following questions:

- Who were the important people in Sarah's life?
- Why do we consider ourselves descendants of Abraham and Sarah?
- Why is Sarah's story important for us?
- What can we learn about God by reading the story of Sarah and Abraham?

Share what you learn with someone else.

## For Older Girls

Hagar also lived with Abraham and Sarah and had a son name Ishmael. His descendants became the nation of Islam. See Genesis 16.

Learn something about Islam or another non-Christian religion. If possible, participate in an Interfaith event.

## Name It!

Names are important. When God made a promise of Abraham and Sarah, he gave them new names. Many of the names in the Bible have unique meanings. Look up other names in the Bible and discover what they mean.

See what you can find out about your name.

- Does your first or last name have a special meaning?
- Were you named after a relative or other special person?

## Helping All Moms

All moms need help, but some need more help than others.

- Brainstorm some ways you can help them.
- Do something special for a pregnancy center, hospital, or shelter in your area.

## Prayers for New Mothers

Sarah felt very blessed when she became a new mother at a very old age.

- Who are the special mothers in your life? Mothers, grandmothers, aunts, godmothers? Write or collect prayers honoring mothers or mothers-to-be. Give one of these prayers to a special mother figure in your life.
- Include in your daily prayers a short intention for all mothers.

Catholic Identity Patch Program is a project of the  
NCCGSCF & NFCYM



[www.NCCGSCF.org](http://www.NCCGSCF.org)

